



# 2018 City of Fort Worth Healthy Challenge Payout

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ASSESSMENTS (REQUIRED)	POINT VALUE	COMPLETE BY DATE
Member Health Assessment (MHA)	50	12/15/2018
Biometric Screening	50	
<b>TOBACCO-FREE (REQUIRED)</b>	<b>POINT VALUE</b>	
Self-Report Tobacco-Free (Affidavit) <b>OR</b> Targeted Tobacco Cessation Program Passed	50 each / 50 max	
<b>PREVENTATIVE CARE COMPLIANCE (REQUIRED)</b>	<b>POINT VALUE</b>	
Preventative Care Compliance	50	
<b>PROGRAM ACTIVITIES</b>	<b>POINT VALUE</b>	
250K Steps	25 each / 100 max	
Targeted Programs	25 each / 75 max	
Online Courses	15 each / 45 max	
Employer Challenges - Goal Met	25 each / 75 max	
Peer Challenges - Participant	15 each / 45 max	
Healthy Events - Self-Reported	10 each / 80 max	
<b>HEALTH COACHING</b>	<b>POINT VALUE</b>	
Coaching Session Completed	50 each / 150 max	
<b>PROGRAM GOAL</b>	<b>400 POINTS</b>	

- Level 1 = \$150 payout (reach 250 points)**
- Level 2 = \$200 payout (reach 300 points)**
- Level 3 = \$250 payout (reach 400 points)**