

Protect yourself against West Nile Virus

1

**DUSK
DAWN**

Stay indoors at **DUSK** and **DAWN**.

This is when infected mosquitoes are most active.

DRESS in long sleeves and pants when you are outside. For extra protection, you may want to spray thin clothing with repellent.

2

DRESS

3

REPELLENT

Use repellent, follow label instructions and always wear repellent when outdoors.

DRAIN standing water in your yard and your neighborhood – old tires, flowerpots, and clogged rain gutters are just a few sites mosquitoes use to breed.

4

DRAIN