



Summer Volleyball

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CITY OF FORT WORTH YOUTH VOLLEYBALL RULES

I. General Information

Volleyball league rules will be governed by high school UIL rules with the exceptions listed herein.

- A. **Game time is forfeit time** unless there are unavoidable circumstances. Only the league administrators will determine what constitutes unavoidable circumstances.
- B. If a team does not show up to play, a team playing the preceding game may be asked to stay and play a courtesy game. This will be a non-division game. A team missing two games will be dropped from the league.
- C. **Blood Rule:** No one will be allowed to continue in any game with blood flowing in any manner. Time will be stopped for five minutes to attempt to stop the bleeding if there is no substitute available. If after five minutes the bleeding cannot be controlled, the player must leave the game and the team will play short-handed unless they do not meet the minimum players on field rule, at that time the game will be called a forfeit.
- D. Only one head coach and one assistant coach are allowed to occupy the players' bench during games. A coach is allowed to stand as a privilege. However, once a coach violates this privilege by interfering with an official's duty in any manner, such privilege will be revoked and both the head and assistant coaches will remain seated for the remainder of the game.
- E. All coaches are recommended to become NYSCA certified, but only one coach per team is **REQUIRED** to become certified by the start of the season. The Athletics Section of City of Fort Worth will offer classes for coach's certification throughout the year. Please contact 392-7690 for dates and times.
- F. All participants must serve at least once during the match and must play a minimum of 5 points per game. It will be the responsibility of the coach to ensure that all players are checked in at the scorer's table prior to each game. Any coach who violates the "must play" rule will forfeit the game in question and be suspended a minimum one game as determined by the Athletic Coordinator.

II. League Play

- A. Age divisions will be 17 & under, 14 & under, 12 & under, 10 & under.
- B. No more than 12 persons may be on the roster at one time.
- C. League games will be played on Saturday's.
- D. Players must check in with the score keeper at their court before game time.
- E. Only individuals with a completed Criminal Background Check on file with the Youth Athletics program (YAP) will be allowed to enter or occupy the bench area during games. No one else will be allowed.

- F. ****Standings will not be kept for league play****

III. Equipment and Uniforms

- A. Practice equipment will be provided upon request (5 balls and 12 cones). Equipment must be returned in good condition at the last game of the season or the Coach's CLASS account will be frozen and they will not be permitted to use any PACS facility or service until the equipment is either returned or replaced to the satisfaction of the Athletic Coordinator for the Youth Athletics Program.
- B. Game balls will be supplied at each game.
- C. Coaches must wear their City issued Volunteer Coach's shirt during all games.
- D. Each player is required to wear their City issued jersey during league play. The City issued uniform may not be altered (no names on the back, sleeves removed, etc.).
- E. NO Jewelry may be worn at any time during league play.
- F. No hair beads will be permitted.

IV. Playing Rules for Volleyball

- A. Teams are to start the game with a minimum of five players on the court or the game will be declared a forfeit.
- B. ONLY **league administrators** reserve the right to shorten games to stay on schedule.
- C. All games will be played by rally scoring rules. Every time the ball hits the floor a point will be awarded, regardless of which team served the ball. (Exceptions: replays or re-serves)
- D. Serves **may** be played off the net as long as the ball goes over into the opposing team's court.
- E. **An official match will consist of the best two-out-of-three games. The first team to win two games is the winner of the match. Should the same team win the first two games, the third game will be subject to time limits to keep games on schedule (must be completed 50 minutes after the match started)**
- F. **An official match will last a maximum of 50 minutes. If the teams have not finished playing by the end of the time, whichever team is ahead at the buzzer is declared the winner.** In the event of a tie when the time runs out, the teams will play **one more point** until a winner is determined.

- G. Serves may be underhand or overhand in any division as long as the ball makes contact with the body only once (no double-bump).
- H. Each team is limited to two 60-second time outs per game.
- I. Unlimited substitutions are allowed.
- J. After each game, the teams will exchange courts. The time between games will be limited to 2 minutes

V. 10U ONLY

- A. On the **first serve** of each service rotation, the server gets 2 attempts to put the ball in play.
- B. **No player will be able to score more than 5 points in a row while serving.** After 5 points, the official will whistle for an automatic side-out with no point.

	10 & Under	12 & Under	14 & 17 U
Net Height	6'6"	7'0"	7'4"
Service Line	Baseline (may take 2 steps into court)	Baseline (may take 1 step into court)	Baseline
Game Length	Best 2 of 3	Best 2 of 3	Best 2 of 3
	25 points, win by 2	25 points, win by 2	25 points, win by 2
Time Limit	50 Minutes	50 Minutes	50 Minutes

VI. OFFICIALS

- A. Officials shall have complete authority over the game, players, coaches and spectators. They may expel any player, coach or spectator for indecent language,

unsportsmanlike conduct, or any infraction of the rules. Refusal of expelled player, coach or spectator to leave the facility, including parking areas, will constitute a forfeit.

- B. Only league administrators will be allowed to interpret any rule from the time a game begins, until the time it ends. They may enforce any and all rules regarding the conduct of coaches, players, parents and spectators contained herein.
- C. Officials will wear distinctive uniforms, and are required to carry a copy of the City of Fort Worth Youth Athletics Program by-laws and rulebook, as well as a copy of little league rules.
- D. Officials will be responsible for inspecting playing field/court surface irregularities and sideline hazards prior to the game, and reporting those hazards to the Youth Athletics Staff. Officials will also check game equipment to determine if it is acceptable.
- E. Officials are instructed to discuss matters in question only with the Head Coach or a League Administrator.
- F. Officials shall be the official timekeepers in games that do not have a game clock.
- G. **All scrimmages and forfeits will be** officiated by an official as if it were a regular game and the City of Fort Worth will not be held responsible for any injuries that result from such games.

VII. RESCHEDULING POLICY

- A. All games will be played as scheduled. Games will only be rescheduled under cases of inclement weather or unforeseen circumstances. Such decisions on game status will be determined by the league administrator.
- B. In case of inclement weather, call **817-392-7690** after **4:00pm** on **weekdays** and after **8:00am** on **Saturdays**.

CODE OF ETHICS

COACHES

I WILL...

PLACE THE EMOTIONAL AND PHYSICAL WELL-BEING OF MY PLAYERS AHEAD OF A PERSONAL DESIRE TO WIN.

TREAT EACH PLAYER AS AN INDIVIDUAL, REMEMBERING THE LARGE RANGE OF EMOTIONAL AND PHYSICAL DEVELOPMENT FOR THE SAME AGE GROUP.

DO MY BEST TO PROVIDE A SAFE PLAYING SITUATION FOR MY PLAYERS.

PROMISE TO REVIEW AND PRACTICE BASIC FIRST AID PRINCIPLES NEEDED TO TREAT INJURIES OF MY PLAYERS.

DO MY BEST TO ORGANIZE PRACTICES THAT ARE FUN AND CHALLENGING FOR ALL MY PLAYERS.

LEAD BY EXAMPLE AND DEMONSTRATE FAIR PLAY AND SPORTSMANSHIP TO ALL MY PLAYERS.

BE KNOWLEDGEABLE IN THE RULES OF EACH SPORT THAT I COACH, AND **TEACH** THESE RULES TO MY PLAYERS.

REMEMBER THAT I AM A YOUTH SPORTS COACH AND THE GAME IS FOR CHILDREN - NOT ADULTS.

ENCOURAGE GOOD SPORTSMANSHIP FROM FELLOW PLAYERS, COACHES, OFFICIALS, AND PARENTS AT EVERY GAME AND PRACTICE BY DEMONSTRATING GOOD SPORTSMANSHIP.

TREAT MY COACHES, OTHER PLAYERS, OFFICIALS AND FANS WITH RESPECT REGARDLESS OF RACE, SEX, CREED, OR ABILITIES AND **EXPECT** TO BE TREATED ACCORDINGLY.

PLAYERS

I WILL...

ENCOURAGE GOOD SPORTSMANSHIP FROM FELLOW PLAYERS, COACHES, OFFICIALS, AND PARENTS AT EVERY GAME AND PRACTICE BY DEMONSTRATING GOOD SPORTSMANSHIP.

ATTEND EVERY PRACTICE AND GAME THAT I CAN, AND WILL NOTIFY MY COACH IF I CANNOT.

EXPECT TO RECEIVE A FAIR AND EQUAL AMOUNT OF PLAYING TIME.

DO MY VERY BEST TO LISTEN AND LEARN FROM MY COACHES.

TREAT MY COACHES, OTHER PLAYERS, OFFICIALS AND FANS WITH RESPECT REGARDLESS OF RACE, SEX, CREED, OR ABILITIES AND **EXPECT** TO BE TREATED ACCORDINGLY.

I DESERVE TO HAVE FUN DURING MY SPORTS EXPERIENCE AND WILL ALERT PARENTS OR COACHES IF IT STOPS BEING FUN.

I DESERVE TO PLAY IN AN ENVIRONMENT THAT IS FREE FROM DRUGS, TOBACCO, AND ALCOHOL AND **EXPECT** ADULTS TO REFRAIN FROM THEIR USE AT ALL YOUTH SPORTS EVENTS.

ENCOURAGE MY PARENTS TO BE INVOLVED WITH MY TEAM IN SOME CAPACITY BECAUSE IT IS IMPORTANT TO ME.

DO MY VERY BEST IN SCHOOL.

REMEMBER THAT SPORTS IS AN OPPORTUNITY TO LEARN AND HAVE FUN.

PARENTS

I WILL...

ENCOURAGE GOOD SPORTSMANSHIP BY DEMONSTRATING POSITIVE SUPPORT FOR ALL PLAYERS, COACHES AND OFFICIALS AT EVERY GAME, PRACTICE OR OTHER YOUTH SPORTS EVENT.

INSIST THAT MY CHILD PLAY IN A SAFE AND HEALTHY ENVIRONMENT.

PLACE THE EMOTIONAL AND PHYSICAL WELL-BEING OF MY CHILD AHEAD OF MY PERSONAL DESIRE TO WIN.

REQUIRE THAT MY CHILD'S COACH BE TRAINED IN THE RESPONSIBILITIES OF BEING A YOUTH SPORTS COACH AND THAT THE COACH UPHOLDS THE CODE OF ETHICS.

SUPPORT COACHES AND OFFICIALS WORKING WITH MY CHILD, IN ORDER TO ENCOURAGE A POSITIVE AND ENJOYABLE EXPERIENCE FOR ALL.

DEMAND A SPORTS ENVIRONMENT FOR MY CHILD THAT IS FREE FROM DRUGS, TOBACCO, AND ALCOHOL AND **REFRAIN** FROM THEIR USE AT ALL YOUTH SPORT EVENTS.

REMEMBER THE GAME IS FOR YOUTH - NOT ADULTS.

NO SMOKING, NO DRINKING WILL BE TOLERATED.

NO PROFANITY OR ABUSIVE LANGUAGE.

COACHES VERIFICATION SHEET

My signature below indicates that I have read and agree to follow the guidelines set forth by the PACS Athletics Section ***Program Coaches Manual*** and the _____ ***Rulebook***.

Coaches Name (printed): _____

Team Name & Age Division: _____

Sport: _____

Association Affiliation/Association President/Leader/Chairman:

Community Center Affiliation: _____

Signature: _____

Date: _____

Email Address: _____

Phone Number: _____