

# Book Recommendations for Coping

## Picture Books

| <u>Author</u>           | <u>Title</u>  | <u>Call Number</u> |
|-------------------------|---|--------------------|
| Brallier, Jess          | <i>Tess's Tree</i>  | Brallier           |
| Brisson, Pat            | <i>I Remember Miss Perry</i>                                | Brisson            |
| Bunting, Eve            | <i>Rudi's Pond</i>  | Bunting            |
| Buscaglia, Leo          | <i>The Fall of Freddie Leaf</i>                             | Busacaglia         |
| Carson, Jo              | <i>You Hold Me and I'll Hold You</i>                        | Carson             |
| Cohen, Miriam           | <i>Jim's Dog Muffins</i>                                    | Cohn               |
| Dunbar, Joyce           | <i>Tell Me Something Happy Before I Go to Sleep</i>         | Dunbar             |
| Jeffers, Oliver         | <i>The Heart and the Bottle</i>                             | Jeffers            |
| Johnson, Tony           | <i>That Summer</i>  | Johnson            |
| Karst, Patrice          | <i>The Invisible String</i>                                 | Karst              |
| Rylant, Cynthia         | <i>Dog Heaven</i>   | Rylant             |
| Shiver, Maria           | <i>What's Heaven?</i>                                       | Shiver             |
| Shuman, Carl            | <i>Jenny is Scared: When Bad Things Happen in the World</i> | Shuman             |
| Spelman, Cornelia Maude | <i>When I Feel Sad</i>                                      | Spelman            |
| Spelman, Cornelia Maude | <i>When I Feel Scared</i>                                   | Spelman            |
| Varley, Susan           | <i>Badger's Parting Gifts</i>                               | Varley             |
| Willems, Mo             | <i>City Dog, Country Frog</i>                               | Willems            |

## Children's Non-Fiction

| <u>Author</u>   | <u>Title</u>  | <u>Call Number</u> |
|-----------------|---|--------------------|
| Crist, James    | <i>What to Do When You're Scared and Worried: A Guide for Kids</i>            | 152.4 Crist        |
| Meiners, Cheri  | <i>When I Feel Afraid</i>   | 152.5 Meiners      |
| Mellonie, Bryan | <i>Lifetimes: The Beautiful Way to Explain Death to Children</i>              | 155.9 Mellonie     |
| Andrews, Beth   | <i>Why Are You So Scared?</i>   | 616.8521 Andrews   |
| Heard, Georgia  | <i>This Place I Know: Poems of Comfort</i>                                    | 811.008 This       |
| Heegaard, Marge | <i>When Something Terrible Happens: Children Can Learn to Cope with Grief</i> | 155.9 Heegaard     |

## Teen Fiction

| <u>Author</u>      | <u>Title</u>   | <u>Call Number</u> |
|--------------------|----------------|--------------------|
| Myers, Walter Dean | <i>Shooter</i> | Myers              |

## Teen Non-Fiction

| <u>Author</u>     | <u>Title</u>   | <u>Call Number</u> |
|-------------------|--|--------------------|
| Gootman, Marilyn  | <i>When a Friend Dies: A Book for Teens about Grieving and Healing</i> | 155.937 Goo        |
| Sanna, Ellyn      | <i>Those Who Remain</i>  | 155.937 Sanna      |
| Nye, Shihan Naomi | <i>What Have You Lost?</i>   | 808.819353 What    |

## Adult Non-Fiction

| <u>Author</u>                          | <u>Title</u>   | <u>Call Number</u> |
|--|--|--------------------|
| Goldman, Linda                         | <i>Great Answers to Difficult Questions About Death: What Children Need To Know</i>                                      | 155.9 Goldman      |
| Zucker, Robert                         | <i>The Journey Through Grief and Loss: Helping Yourself and Your Child When Grief Is Shared</i>                          | 155.937 Zucker     |
| Groves, Betsy                          | <i>Children Who See Too Much: Lessons from the Child Witness to Violence Project</i>                                     | 303.6083 Groves    |
| Simons, Rae                            | <i>Students in Danger</i>  | 371.7 Sim          |
| Prager, Judith Simon and Judith Acosta | <i>Verbal First Aid: Help Your Kids Heal from Fear and Pain And Come Out Strong</i>                                      | 618.92 Prager      |
| Koocher, Gerald and Annette La Greca   | <i>The Parents' Guide to Psychological First Aid: Helping Children and Adolescents Cope with Predictable Life Crises</i> | 649.1 Parents      |