## Media Contact:

Theresa Davis
Fort Worth Public Library
Communications
theresa.davis@fortworthtexas.gov
682-478-8531



#### FOR IMMEDIATE RELEASE

# First responders teach life-saving skills at Fort Worth libraries

Partnership between Fort Worth Fire, Library provides free CPR/AED training for the public in February, coinciding with American Heart Month

January 28, 2025 – FORT WORTH, TEXAS – Thirteen Fort Worth Public Library locations will host <u>hands-only CPR and AED training</u> taught by the Fort Worth Fire Department firefighters and paramedics during the month of February.

The classes are designed for teens and adults and are available on a first-come-first-served basis at no cost to participants. Instruction is focused on hands-only CPR and AED use and is not a certification course.

"Knowing how to perform hands-only CPR and use life-saving tools like AEDs can make a difference in the critical minutes before first responders arrive," said Fire Chief Jim Davis. "I'm proud we are offering this type of training to the public at no cost."

According to the American Heart Association, immediate CPR is proven to double or triple the chances of survival after cardiac arrest. Timely and accurate AED use can also improve survival rates.

"The response to our free, fall CPR classes was incredible, and we wanted more people to have the chance to learn these life-saving skills," said Library Director Midori Clark. "So, what better time than Heart Month?"

Spanish interpreters will attend six sessions to assist if needed, noted below with an asterisk.

# **Upcoming CPR/AED classes:**

- Saturday, Feb. 1, at 2 p.m. <u>Summerglen Library</u>
- Tuesday, Feb. 4, at 6:30 p.m. Ella Mae Shamblee Library\*
- Thursday, Feb. 6, at 6:30 p.m. Northwest Library
- Saturday, Feb. 8, at 3 p.m. East Berry Library\*
- Sunday, Feb. 9, at 2 p.m. Southwest Regional Library\*
- Tuesday, Feb. 11, at 6:30 p.m. Riverside Library
- Saturday, Feb. 15, at 2 p.m. Golden Triangle Library\*
- Wednesday, Feb. 19, at 6:30 p.m. Northside Library\*
- Thursday, Feb. 20, at 6:30 p.m. Vivian J. Lincoln Library
- Saturday, Feb. 22, at 2 p.m. Wedgwood Library
- Sunday, Feb. 23, at 2 p.m. <u>East Regional Library</u>
- Wednesday, Feb. 26, at 6:30 p.m. Ridglea Library
- Friday, Feb. 28, at 5 p.m. <u>Meadowbrook Library</u>\*

## Media Contact:

Theresa Davis
Fort Worth Public Library
Communications
theresa.davis@fortworthtexas.gov
682-478-8531



-30-

**About the Fort Worth Public Library** – The Fort Worth Public Library is committed to building a community of learners, dreamers and doers. The Library strives to provide spaces for learning, self-discovery, shared experiences and personal growth. The Library operates as a department of the City of Fort Worth serving residents and visitors at 20 different locations around Fort Worth, Texas and through numerous community partnerships. <a href="https://www.FortWorthLibrary.org">www.FortWorthLibrary.org</a>

**About the Fort Worth Fire Department** - The Fort Worth Fire Department protects one of the fastest growing metropolitan areas in the country with a wide range of services, including: emergency preparedness, education, prevention and response. Covering 345 square miles, with a dedicated workforce of more than 1,049 firefighters, 45 stations and serving just over 995,000 residents, the department has become one of the most efficient and respected in America.